

HEALTH AND WELLNESS AMBASSADORS

TEACHERS



(PGT BIOLOGY)



**KHILAP SINGH
(PGT PHYSICAL EDUCATION)**

STUDENTS



**AKSHIT KANWASI
SCHOOL CAPTAIN (BOYS)**



**BHAVNA BHANDARI
SCHOOL CAPTAIN (GIRLS)**

HOUSE CAPTAINS

HOUSE CAPTAIN GANDHI HOUSE



**PRARTHANA
BISHT**
12th 'COMMERCE'



AASTHA
11th 'COMMERCE'

HOUSE CAPTAIN SUBHASH HOUSE



KRISH THAKUR
12th 'SCIENCE'



JIYA DOBRIYAL
12th 'SCIENCE'

HOUSE CAPTAIN TAGORE HOUSE



**SHREYA
CHAUDHAY**
12th 'SCIENCE'



HIMANI KUNIYAL
12th 'COMMERCE'

HOUSE CAPTAIN DAYANAND HOUSE



SHRUTI KANDARI
12th 'HUMANITIES'



SAMIYA MALIK
12th 'SCIENCE'

Health and wellness ambassadors will accomplish the following work:-

1. To provide age appropriate information about health and nutrition to the children in school.
2. To promote healthy behaviors among the children that they will inculcate for life.
3. To detect and treat diseases early in children and adolescents including identification of malnourished and anemic children with appropriate referrals to PHCs and hospitals.
4. To promote use of safe drinking water in school.
5. To promote safe menstrual hygiene practices by girls.
6. To promote yoga and meditation through Health & Wellness Ambassadors.
7. To encourage research on health, wellness and nutrition for children.